



Anyone Can Benefit from Volunteering!

There are as many reasons to serve as there are people who serve. Volunteering is not just an altruistic act. It's an opportunity to advance in all areas of life. Here are a few of the things that can

be gained by giving through volunteering:

- Share skills and develop new ones
- Develop self awareness and confidence
- Feel needed and valued
- Gain work experience
- Connect with the community and meet new people
- Challenge attitudes to disability
- Promote a worthwhile activity
- Try something new and have fun
- Enhance your resume and make important networking contacts.



During Transition: For young people, leaving school and starting out toward adult life can be a stressful time. You will need to make informed choices about next steps including knowing yourself and what you want. Volunteering can be helpful for many reasons and may help you find out what you like, build confidence in your abilities, make friends and contacts, and provide opportunities for new experiences.

Volunteer Opportunities Abound! Go to:

www.nevadavolunteers.org

or follow us on Facebook and Twitter

www.facebook.com/NevadaVolunteers

www.twitter.com/nvvolunteers

Is AmeriCorps Right for You?

National Service is an Option for Extended Service *Some Benefits You Feel, Other Benefits are Real*

Perhaps the first and biggest benefit people get from volunteering is the satisfaction of incorporating service into their lives and making a difference in their community and country. The intangible benefits alone—such as pride, satisfaction and accomplishment—are worthwhile reasons to serve.

But there are other benefits as well—tangible benefits such as awards, job and education certifications, and more. Through its programs, AmeriCorps provides opportunities for Americans to make an ongoing, intensive commitment to service.



AmeriCorps State and National offers a broad range of service programs that engage thousands of Americans in intensive service to meet critical community needs.

AmeriCorps VISTA provides members full-time to community organizations and public agencies to create and expand programs that build capacity and ultimately bring low-income individuals and communities out of poverty.

AmeriCorps NCCC provides a full-time residential program for men and women age 18-24 that strengthens communities while developing leaders through direct, team-based national and community service.

A year of full-time service with AmeriCorps provides a \$5,550 education award (based on Pell Grant levels) that can be used to pay for college or to pay back a student loan. In addition, each AmeriCorps member receives a small living stipend that helps cover basic costs during their term of service. In some cases, part-time service is an option.

For information on AmeriCorps, go to www.nationalservice.gov

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